

MODULE 7:

# Personal Declaration of Independence



**REthinkU**

Change the way you think.  
Get the results you want.



## REthinkU Workbook

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# Personal Declaration of Independence

**“ANYTHING THE HUMAN MIND CAN BELIEVE,  
THE HUMAN MIND CAN ACHIEVE.”**

- NAPOLEON HILL

How to develop your own Personal Declaration of Independence.

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The Declaration of Independence states:

**WE HOLD THESE TRUTHS TO BE SELF-EVIDENT, THAT ALL MEN ARE CREATED EQUAL, THAT THEY ARE ENDOWED BY THEIR CREATOR WITH CERTAIN UNALIENABLE RIGHTS, THAT, AMONG THESE ARE LIFE, LIBERTY, AND THE PURSUIT OF HAPPINESS...**

- **Life**

The Good Life...The Bad Life...Your Right to Choose!

- **Liberty**

The state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views.

- **Happiness**

The state of being happy. Feeling or showing pleasure or contentment.

.Joy vs. Depressed

***“Life, Liberty, and the pursuit of Happiness.”***

Your goal is to pursue The Good Life and avoid The Bad Life!

## **The Good Life**

1. Great Passion!
2. Great Health!
3. Great Love!
4. Great Abundance!
5. Great Joy!

## **The Bad Life**

1. Apathy
2. Illness
3. Loneliness
4. Poverty
5. Depression

Think about what you want and why you want it. Why not you?

Think about what you do not want and why you do not want it. Why you?

Seek expert counsel. Design your to-do list and your not-to-do list.

In other words, design your plan for how you are going to get exactly what you want. **What are the things you must start doing? Right now! What are the things that you must stop doing? Right now!** Then, take action - immediately!

Your Personal Declaration of Independence is you declaring freedom from the old you. Your old system of self-government is obsolete. Null and void! Results are the name of the game - prove this! Burn the ships!

In the book, Think and Grow Rich, Napoleon Hill talks about riches. Riches can definitely be in the form of money, but that's not the only form of riches.

There are riches in many forms to include:

**LASTING FRIENDSHIPS, HARMONIOUS FAMILY RELATIONSHIPS, SYMPATHY AND UNDERSTANDING BETWEEN BUSINESS ASSOCIATES, AND INTROSPECTIVE HARMONY WHICH BRINGS ONE PEACE OF MIND MEASURABLE ONLY IN SPIRITUAL VALUES.**

- NAPOLEON HILL

You need to decide what riches you want in your life!

Hill writes:

**WISHING WILL NOT BRING RICHES. BUT DESIRING RICHES WITH A STATE OF MIND THAT BECOMES AN OBSESSION, THEN PLANNING DEFINITE WAYS AND MEANS TO ACQUIRE RICHES, AND BACKING THOSE PLANS WITH PERSISTENCE WHICH DOES NOT RECOGNIZE FAILURE, WILL BRING RICHES.**

He goes on to say,:

**THE METHOD BY WHICH DESIRE FOR RICHES CAN BE TRANSMUTED INTO ITS FINANCIAL EQUIVALENT, CONSISTS OF SIX DEFINITE, PRACTICAL STEPS.**

This leads us to the development of one's own written statement (as stated in Think and Grow Rich).

## **PERSONAL DECLARATION OF INDEPENDENCE**

**A few things to keep in mind:**

- This will take a bit of effort. Write it in a way that you are experiencing this new life now. "I am so happy and grateful now that I..."
- Keep it Simple! Start small and work your way up. The reason for having this written statement is to flood your mind with the desired success you want.
- Tap the portion of your mind that does not recognize reality verses thought alone. Use your emotions to your advantage and this exercise will benefit your progress greatly.
- Read your Personal Declaration of Independence daily, as prescribed by Napoleon Hill
- This should be a life long discipline you do daily. It will change as you progress depending on your goals, so be flexible and enjoy the ride!

## The 6 steps to writing Your Personal Declaration of Independence

The following are instructions from Napoleon Hill in the book, Think and Grow Rich concerning the six steps in writing your statement (Your Personal Declaration).

The actual steps are found in the chapter on Desire.

### FIRST

**FIX IN YOUR MIND THE EXACT AMOUNT OF MONEY YOU DESIRE. IT IS NOT SUFFICIENT MERELY TO SAY "I WANT PLENTY OF MONEY." BE DEFINITE TO THE AMOUNT. (THERE IS A PSYCHOLOGICAL REASON FOR DEFINITENESS.)**

### SECOND

**DETERMINE EXACTLY WHAT YOU INTEND TO GIVE FOR THE AMOUNT OF MONEY YOU DESIRE. (THERE IS NO SUCH REALITY AS SOMETHING FOR NOTHING)**

### THIRD

**ESTABLISH A DEFINITE DATE WHEN YOU INTEND TO POSSESS THE MONEY YOU DESIRE.**

### FOURTH

**CREATE A DEFINITE PLAN FOR CARRYING OUT YOUR DESIRE, AND BEGIN AT ONCE, WHETHER YOU ARE READY OR NOT, TO PUT THIS PLAN INTO ACTION.**

### FIFTH

**WRITE OUT A CLEAR, CONCISE STATEMENT OF THE AMOUNT OF MONEY YOU INTEND TO ACQUIRE, NAME THE TIME LIMIT FOR ITS ACQUISITION, STATE WHAT YOU INTEND TO GIVE IN RETURN FOR THE MONEY, AND DESCRIBE CLEARLY THE PLAN THROUGH WHICH YOU INTEND TO ACCUMULATE IT.**

### SIXTH

**READ YOUR WRITTEN STATEMENT ALOUD, TWICE DAILY, ONCE JUST BEFORE RETIRING AT NIGHT, AND ONCE AFTER ARISING IN THE MORNING. AS YOU READ, SEE AND FEEL AND BELIEVE YOURSELF ALREADY IN POSSESSION OF THE MONEY.**

## What's the value of all this?

You may not understand the value of such a practice. As Hill put it:

**TO THE UNINITIATED, WHO HAS NOT BEEN SCHOOLED IN THE WORKING PRINCIPLES OF THE HUMAN MIND, THESE PRINCIPLES MAY APPEAR TO BE IMPRACTICAL.**

It may be helpful to know the information regarding these principles were received from Andrew Carnegie and scrutinized by Thomas Edison. Not only did Edison place his stamp of approval on these six steps, but he also said they are necessary for the attainment of ANY DEFINITE GOAL.

Realize, outside of some solitary time to yourself to create your statement, these steps call for no 'hard labor.' They call for no major sacrifice. They do not call for a great amount of education, but they do call for a sufficient amount of IMAGINATION to enable you to SEE, FEEL, and BELIEVE you can have The Good Life.

**This is the main battle — your belief that you can! What's the value of all this?**

## What's Your Dream?

Make sure your statement is as clear as you can to increase your probability of achieving your goals.

Make sure you are reading it daily - with emotion. In addition to reading it, believe it and chase it! If you have a goal and don't believe you can achieve it, you will struggle and probably sabotage your efforts. Start taking massive action towards your dreams.

Do the work, reap the rewards!

Become a Visionary Leader! Your statement becomes your visionary map to achieve what you want in your future. Our past is very clear to us; we can see it and feel it. Our future can be unclear and scary.

**The more effort you put into your statement, the clearer your future, the less scary it becomes, the more excited you become and the better results you will have!**

- Christopher Columbus dreamed of an unknown world
- Henry Ford dreamed of a horseless carriage
- Thomas Edison dreamed of a lamp lit by electricity
- Steve Jobs said 'dream bigger' and introduced a hand-held computer to the world
- Bill Gates had dreams about the impact personal computers would have on the world
- Jim Shorkey dreamed of having four dealerships - one for each kid! There are nine dealerships to date, and they're still growing!

**The punishment for excessive rest is mediocrity!**

Have you started your discipline journaling?

Have you stopped this new habit already?

Have you tried starting up again?

Did you stop doing it again?

Did you quit all together?

Understand this, you're already doing daily disciplines. Some simply may not be serving you! Determine what doesn't work and replace it with what does! Do simple first!

There are four fears that hold most people back:

1. Fear of Failure
2. Fear of Embarrassment
3. Fear of Rejection
4. Fear of Achievement

**Do you have a fear? If you're not making progress in your life based off of what you're learning, you need to take some time and figure out what you really want, why you want it and what's holding you back. What's your fear? This activity is simply a habit. Just do it!**

Jim will tell you, he doesn't care what's behind the electrical outlet. There is a vast amount of activity and effort that takes place behind the scenes for you to plug your laptop in and get electricity. And, unless you are going to be someone that has control of, or influences the success of the flow of electricity to the electrical outlet in your home, just know it's there and all you need to do is plug in! That is how our program is geared - just plugin and succeed!

I do want to introduce you to the idea of how your mind works involving auto-suggestion.

## Auto-Suggestion

*au·to·sug·ges·tion*

noun: auto-suggestion

1. The hypnotic or subconscious adoption of an idea that one has originated oneself, e.g. through repetition of verbal statements to oneself in order to change behavior.

As you develop your statement from the six-steps outlined above, you will end up with a statement and plans to achieve your desire.

What you need to do next, according to Hill, is to train your subconscious mind to attain the success you want.

Auto-suggestion is a technique of teaching yourself to believe that you can achieve anything you want. Understand one thing, this statement isn't your only means of growth. **You MUST do the work.** Take massive action. B/B+ strategies or better, each and every day.

Auto-suggestion is self-talk. You already do it. Most of it is probably negative and you may not even realize it - until now!

The goal is to reinforce a positive mental state with a clear focus on that which you desire and, through repetition (just like vocabulary words in grade school), you will design your future, clearer and more desirable than ever. This works! This is maximizing your brain and capitalizing on the abilities it has to achieve what you want - this is where most people fail to grow. They never tap into this part of the brain.

What you are doing is conditioning your desires into your subconscious mind. Hill writes that when you reach your own subconscious by channeling your thoughts, success will not be such a riddle anymore. Auto-suggestion will create an unfaltering faith in you that will steer you in the right direction that you want to travel.

Just like driving a car, you do not need to focus on doing it because you have trained your brain and body to act on it automatically, like second nature. And when you have convinced yourself about the desire you want to achieve through auto-suggestion, you will work on the success you desire and gain desirable results.

## Writing Exercise

This is where it gets fun. Start dreaming about what your life is going to be like. Start to see yourself living that way now. How does it feel? What excites you about what you see? Start writing out your life plan on paper. Be as descriptive as you like to keep a crystal vision alive and enticing. Follow the six steps proposed by Napoleon Hill.

Jim shared portions of his statement in the video. When he recites it, note the intensity and passion he uses to speak it into existence - this is not about the Law of Attraction, this is about Jim convincing Jim. You need to convince you! I need to convince me.

### Here's the start of Chuck's Personal Declaration of Independence:

"This is my personal declaration and the start of a new life for my family and me! I am blessed, spirited, and excited about where I am and where I'm going - I'm living my passion of motivating, educating, and inspiring people to have more, do more and be more in their lives. I did not come this far to only come this far! I have way too much to offer and I have been groomed to live out my calling, and I won't disappoint!"

"This year is my year to step out and push forward towards my desired goals. This year is the year of change; a year of rebirth, re-energized, and refocused towards a life that I desire and expect! This year is my year to move from where I am to where I want to be, desire to be, and expect to be regarding my Passion, Health, Love, Abundance, & Joy!"

### (Here's a few starting sentences for each area of his life, written in his statement.)

"I am so happy and grateful living a healthy, active lifestyle that energizes and motivates me; filling me with strength and endurance as I successfully age with grace! ..."

**LIFE'S BATTLES DON'T ALWAYS GO TO THE STRONGER OR FASTER MAN, BUT SOONER OR LATER THE MAN WHO WINS IS THE MAN WHO THINKS HE CAN!**

"I am so happy and grateful living an abundant lifestyle where I can do what I want, when I want, with whomever I want, anytime I want! ..."

"I'm blessed to provide for my wife and children in a way I've never experienced before..."

"Saving the best for last, I am so happy and grateful for the love I share with my wife, Darlene, of 27 years! ..."

"I am so happy and grateful to wake up every morning and experience the gifts and blessings provided by God and to be able to bless others by the talents, gifts, and strength given me by God! Thank you Lord for such a beautiful life!"

### Your Turn!

Take these examples and write your own Personal Declaration of Independence. Feel free to reach out to us to give you guidance and ideas on the best way to write your very own. Again, this will change over time as you knock out goals and add new ones.

The constant has to be your vision, your belief and your passion when you read your statement to drill deep down into your psyche the desire of your heart and the life you want.

This may sound quirky but it works! Spoken by Andrew Carnegie, stamp of approval by Thomas Edison, and carried forth to millions by Napoleon Hill.

Start writing!







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